How to get along with others

OUTLINE

INTRODUCTION

I. Relationship Strengths

A. Sanguines

B. Cholerics

C. Melancholies

D. Phlegmatics

II. Relationship Needs

A. Sanguine

*1. Recognize their difficulty in accomplishing tasks*

*2. Realize that they talk without thinking first*

*3. Realize that they like variety and flexibility*

*4. Help them to keep from accepting more than they can do*

*5. Don’t expect them to remember appointments or be on time*

*6. Praise them for everything they accomplish*

*7. Remember they are circumstantial people*

*8. Accept that they make fun out of what would be embarrassing to others*

*9. Enjoy their child-likeness*

*10. Remember:*

B. Choleric

*1. Recognize they are born leaders*

*2. Insist on two-way communication*

*3. Know they don’t mean to hurt*

*4. Try to divide areas of responsibility*

*5. Realize they are not compassionate*

*6. Realize that they are not comfortable when they are not in control*

*7. Remember:*

C. Melancholy

*1. Know that they are very sensitive and get hurt easily*

*2. Realize they are programmed with a pessimistic attitude*

*3. Learn to deal with depression*

*4. Compliment them sincerely and lovingly*

*5. Accept that they like it quiet sometimes*

*6. Try to keep a reasonable schedule*

*7. Realize that neatness is a necessity*

*8. Help them not to become slaves to the family (a special note for men with Melancholy wives)*

*9. Remember:*

D Phlegmatic.

*1 Realize they need direct motivation.*

*2 Help them set goals and make rewards.*

*3. Don’t expect enthusiasm*

*4. Realize that putting things off is their form of quiet control*

*5. Force them to make decisions*

*6. Don’t heap all the blame on them*

*7. Encourage them to accept responsibilities*

*8. Remember:*

CONCLUSION

PRACTICAL ASSIGNMENT